

FITNESSGRAM 9.0 NOTES

1. To access the software you must log on at <http://www.fgontheweb.com/nfl/login.aspx> or <http://www.NFLPLAY60FITNESSGRAM.com> (click on Login to FG)
2. **School Administrators** are the “Main FG contact” in this project. You will be in charge of your school(s) and/or site(s).
3. The user button refers to all PE teachers/fitness professionals that will be giving the FG test and students. It is preferred to keep the user button to students and PE teachers/fitness professionals (or the name of the individual that you would like to appear on the FG parent reports).
4. If you log on to the FGRAM software as;
School Administrator- you can make changes/edits/deletions etc. within the school(s)/site(s) you operate.
Teacher – you can make changes and additions to your classes but you can not change other teachers.
5. You must import or enter student’s first name, last name, student ID number, birth date, and gender. This generates the field and it is important that you create the student record (do not have students complete this).
6. If you have a parent that does not want body composition to be printed on the report you need to highlight the student and click “edit.” There is an option to uncheck “print body composition.” Keep in mind there is also a box that you can check if you need to report to print in Spanish for that student and/or make inactive.

Note: When you set up a test you can also perform this task. However, it will not print for ALL students if selected. It is recommended that you keep this on the report unless someone specifically asks for that information not to be printed.
7. When setting up your test, you need to pick a date for your test. You can use a date at the start, middle or end of your testing. Just keep in mind this is important because it will affect some kids based on their birth date. You just want to be able to go back if a parent/student has a question about their results. It is related to their birthdate.
8. Please do not enter “practice or sample” data because it will effect your overall results!
9. Human Kinetics help line is 217-351-5076 or email support@hkusa.com